**Table 1.** Baseline characteristics of subjects with major depressive disorder stratified by depressive episode severity in the follow-up.

|  | Euthymic depression (N=140) | Mild depression (N=44) | Moderate depression (N=63) | Severe depression (N=121) | Overall (N=368) | p-value |
| --- | --- | --- | --- | --- | --- | --- |
| **Sex** |  |  |  |  |  |  |
| Male | 31 (22.1%) | 10 (22.7%) | 11 (17.5%) | 12 (9.9%) | 64 (17.4%) | 0.1 |
| Female | 109 (77.9%) | 34 (77.3%) | 52 (82.5%) | 109 (90.1%) | 304 (82.6%) |  |
| **Age (years)** |  |  |  |  |  |  |
| Mean (SD) | 37.9 (11.6) | 36.1 (12.5) | 34.3 (11.0) | 38.5 (10.9) | 37.3 (11.5) | 0.149 |
| Median [Min, Max] | 37.0 [18.0, 59.0] | 35.0 [18.0, 60.0] | 32.0 [18.0, 58.0] | 37.0 [18.0, 60.0] | 36.0 [18.0, 60.0] |  |
| **Skin color** |  |  |  |  |  |  |
| White | 113 (80.7%) | 34 (77.3%) | 49 (77.8%) | 90 (74.4%) | 286 (77.7%) | 0.871 |
| Non-white | 27 (19.3%) | 10 (22.7%) | 14 (22.2%) | 30 (24.8%) | 81 (22.0%) |  |
| Missing | 0 (0%) | 0 (0%) | 0 (0%) | 1 (0.8%) | 1 (0.3%) |  |
| **Years of education** |  |  |  |  |  |  |
| Mean (SD) | 11.2 (3.53) | 10.4 (3.34) | 11.1 (3.69) | 10.2 (3.52) | 10.8 (3.55) | 0.21 |
| Median [Min, Max] | 11.0 [2.00, 21.0] | 11.0 [1.00, 16.0] | 11.0 [4.00, 19.0] | 11.0 [3.00, 20.0] | 11.0 [1.00, 21.0] |  |
| Missing | 0 (0%) | 0 (0%) | 0 (0%) | 1 (0.8%) | 1 (0.3%) |  |
| **Socioeconomic status** |  |  |  |  |  |  |
| Lower | 77 (55.0%) | 25 (56.8%) | 34 (54.0%) | 72 (59.5%) | 208 (56.5%) | 0.926 |
| Upper | 63 (45.0%) | 19 (43.2%) | 29 (46.0%) | 48 (39.7%) | 159 (43.2%) |  |
| Missing | 0 (0%) | 0 (0%) | 0 (0%) | 1 (0.8%) | 1 (0.3%) |  |
| **Lives with partner** |  |  |  |  |  |  |
| No | 66 (47.1%) | 16 (36.4%) | 29 (46.0%) | 41 (33.9%) | 152 (41.3%) | 0.219 |
| Yes | 74 (52.9%) | 28 (63.6%) | 34 (54.0%) | 80 (66.1%) | 216 (58.7%) |  |
| **Current occupation** |  |  |  |  |  |  |
| Does not work/study | 43 (30.7%) | 14 (31.8%) | 23 (36.5%) | 57 (47.1%) | 137 (37.2%) | 0.0745 |
| Works/study | 97 (69.3%) | 30 (68.2%) | 40 (63.5%) | 63 (52.1%) | 230 (62.5%) |  |
| Missing | 0 (0%) | 0 (0%) | 0 (0%) | 1 (0.8%) | 1 (0.3%) |  |
| **Suicide risk** |  |  |  |  |  |  |
| No | 87 (62.1%) | 26 (59.1%) | 29 (46.0%) | 38 (31.4%) | 180 (48.9%) | <0.001 |
| Yes | 53 (37.9%) | 18 (40.9%) | 34 (54.0%) | 83 (68.6%) | 188 (51.1%) |  |
| **Alcohol abuse/dependence** |  |  |  |  |  |  |
| No | 100 (71.4%) | 26 (59.1%) | 44 (69.8%) | 93 (76.9%) | 263 (71.5%) | 0.215 |
| Yes | 32 (22.9%) | 16 (36.4%) | 17 (27.0%) | 23 (19.0%) | 88 (23.9%) |  |
| Missing | 8 (5.7%) | 2 (4.5%) | 2 (3.2%) | 5 (4.1%) | 17 (4.6%) |  |
| **Cannabis abuse/dependence** |  |  |  |  |  |  |
| No | 130 (92.9%) | 39 (88.6%) | 59 (93.7%) | 108 (89.3%) | 336 (91.3%) | 0.249 |
| Yes | 2 (1.4%) | 3 (6.8%) | 2 (3.2%) | 8 (6.6%) | 15 (4.1%) |  |
| Missing | 8 (5.7%) | 2 (4.5%) | 2 (3.2%) | 5 (4.1%) | 17 (4.6%) |  |
| **Hallucinogens abuse/dependence** |  |  |  |  |  |  |
| No | 132 (94.3%) | 42 (95.5%) | 61 (96.8%) | 116 (95.9%) | 351 (95.4%) | NA |
| Yes | 0 (0%) | 0 (0%) | 0 (0%) | 0 (0%) | 0 (0%) |  |
| Missing | 8 (5.7%) | 2 (4.5%) | 2 (3.2%) | 5 (4.1%) | 17 (4.6%) |  |
| **Other drugs abuse/dependence** |  |  |  |  |  |  |
| No | 99 (70.7%) | 31 (70.5%) | 46 (73.0%) | 71 (58.7%) | 247 (67.1%) | 0.135 |
| Yes | 33 (23.6%) | 11 (25.0%) | 15 (23.8%) | 45 (37.2%) | 104 (28.3%) |  |
| Missing | 8 (5.7%) | 2 (4.5%) | 2 (3.2%) | 5 (4.1%) | 17 (4.6%) |  |
| **Hypnotics abuse/dependence** |  |  |  |  |  |  |
| No | 128 (91.4%) | 38 (86.4%) | 59 (93.7%) | 107 (88.4%) | 332 (90.2%) | 0.326 |
| Yes | 4 (2.9%) | 4 (9.1%) | 2 (3.2%) | 9 (7.4%) | 19 (5.2%) |  |
| Missing | 8 (5.7%) | 2 (4.5%) | 2 (3.2%) | 5 (4.1%) | 17 (4.6%) |  |
| **Tobacco abuse/dependence** |  |  |  |  |  |  |
| No | 100 (71.4%) | 31 (70.5%) | 48 (76.2%) | 91 (75.2%) | 270 (73.4%) | 0.964 |
| Yes | 32 (22.9%) | 11 (25.0%) | 13 (20.6%) | 25 (20.7%) | 81 (22.0%) |  |
| Missing | 8 (5.7%) | 2 (4.5%) | 2 (3.2%) | 5 (4.1%) | 17 (4.6%) |  |
| **Panic disorder** |  |  |  |  |  |  |
| No | 134 (95.7%) | 39 (88.6%) | 57 (90.5%) | 108 (89.3%) | 338 (91.8%) | 0.326 |
| Yes | 6 (4.3%) | 5 (11.4%) | 6 (9.5%) | 13 (10.7%) | 30 (8.2%) |  |
| **Social phobia** |  |  |  |  |  |  |
| No | 129 (92.1%) | 40 (90.9%) | 55 (87.3%) | 93 (76.9%) | 317 (86.1%) | 0.00774 |
| Yes | 11 (7.9%) | 4 (9.1%) | 8 (12.7%) | 28 (23.1%) | 51 (13.9%) |  |
| **Specific phobia** |  |  |  |  |  |  |
| No | 131 (93.6%) | 37 (84.1%) | 58 (92.1%) | 96 (79.3%) | 322 (87.5%) | 0.00812 |
| Yes | 9 (6.4%) | 7 (15.9%) | 5 (7.9%) | 25 (20.7%) | 46 (12.5%) |  |
| **Generalized anxiety disorder** |  |  |  |  |  |  |
| No | 99 (70.7%) | 31 (70.5%) | 46 (73.0%) | 76 (62.8%) | 252 (68.5%) | 0.591 |
| Yes | 41 (29.3%) | 13 (29.5%) | 17 (27.0%) | 45 (37.2%) | 116 (31.5%) |  |
| **Posttraumatic stress disorder** |  |  |  |  |  |  |
| No | 135 (96.4%) | 40 (90.9%) | 59 (93.7%) | 113 (93.4%) | 347 (94.3%) | 0.671 |
| Yes | 5 (3.6%) | 4 (9.1%) | 4 (6.3%) | 8 (6.6%) | 21 (5.7%) |  |
| **Obsessive-compulsive disorder** |  |  |  |  |  |  |
| No | 109 (77.9%) | 36 (81.8%) | 48 (76.2%) | 89 (73.6%) | 282 (76.6%) | 0.84 |
| Yes | 31 (22.1%) | 8 (18.2%) | 15 (23.8%) | 32 (26.4%) | 86 (23.4%) |  |
| **Maternal psychiatric illness** |  |  |  |  |  |  |
| No | 92 (65.7%) | 24 (54.5%) | 38 (60.3%) | 74 (61.2%) | 228 (62.0%) | 0.742 |
| Yes | 48 (34.3%) | 20 (45.5%) | 25 (39.7%) | 47 (38.8%) | 140 (38.0%) |  |
| **Paternal psychiatric illness** |  |  |  |  |  |  |
| No | 112 (80.0%) | 39 (88.6%) | 51 (81.0%) | 91 (75.2%) | 293 (79.6%) | 0.443 |
| Yes | 28 (20.0%) | 5 (11.4%) | 12 (19.0%) | 30 (24.8%) | 75 (20.4%) |  |